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Payday advice for state pols due today

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Gov. Patrick says no to 2016 bid for White House

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Cumber this batch of atypical roles



Seeking stress relief, colleges go to the dogs

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Top 3

#### The best of Metro.us

- 1'Ferguson police officer who killed black teen resigns from force'
- 2'GALLERY: A closer look at the new "Star Wars" trailer'
- 3'Eagles stuff Cowboys in Thanksgiving feast'



On the go

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# Ka-ching! Holiday payday for Beacon Hill politicians?

#### Beacon Hill.

Recommendations on pay for state legislators, governor, are expected today.

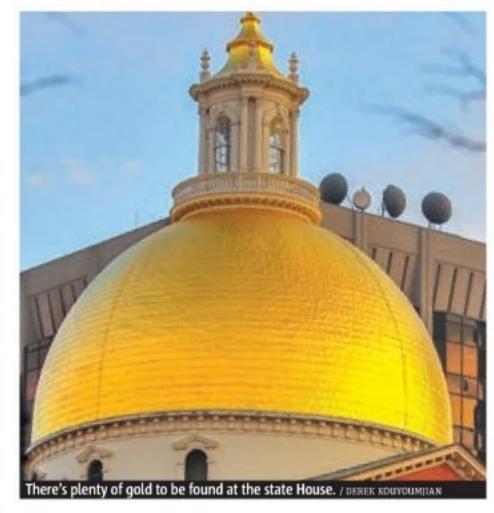
Are Massachusetts lawmakers paid enough?

A seven-person advisory commission, led by Ira A. Jackson, a UMass Boston dean, is expected to make recommendations Monday on salary increases for governor, attorney general and legislators.

The governor's base salary currently tops \$151,000, while base pay for a state representative tops \$60,000, excluding per diem travel stipends.

Any recommendation for an increase could spark a public outcry.

October's vote by the Boston City Council to boost the average member's salary from \$87,500 to \$107,500, was vetoed later that month by Mayor Marty Walsh, who said the city's Compensation Advisory



Board should make such recommendations.

Last week, House Speaker Robert DeLeo (D-Winthrop) gave a 6 percent pay raise to House staff. His office said 60 percent of House employees earned \$40,000 or less a year. His office called the extra pay cost-of-living increases, promotions and merit-based raises. Those pay bumps would cost

#### **Government pay**

- Governor: \$151,800
- Attorney General: \$130,582
- State Treasurer: \$127,916
- State legislators (senators and representatives) base salary: about \$60,032
- House Speaker and Senate

President stipend: \$35,000

- Committee chair stipend: \$7,500
- Ranking Legislature members stipend: up to \$15,000
- Per diem for legislators: \$10-\$100

the state \$1.6 million, State House News Service reported.

State Senate staff raises are based on individual recommendations made after performance review, a spokeswoman for outgoing Senate President Therese Murray (D-Plymouth), told the ews Service.

DeLeo is in the midst of a budget showdown with Gov. Deval Patrick. The speaker, according to the News Service, has rejected a proposal that slashed local aid. It's unclear if DeLeo will agree to cut \$764,000 from the House's spending.

Citizens for Limited Taxa-

tion — a Marblehead-based group that advocates for limited government — said last week a constitutional amendment tying legislative pay to changes in median household income would prohibit lawmakers from changing their base salaries, the News Service reported.

Falling tax collections have already forced Patrick to cut nearly \$200 million in spending.



DANNY MCDONALD

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#### Fatal collision

#### Police still looking for Thanksgiving Eve hit-and-run suspect

Boston Police are seeking the driver who struck and killed a 51-year-old man from Boston over the Thanksgiving day break.

Paul Fonseca was hit near American Legion
Highway and Blue Hill Ave. near 5:20 p.m. Wednesday.
Sunday night, police were still searching for the driver of a black Lincoln Town Car, last seen fleeing the area of the accident outbound on Blue Hill Ave.

The investigation of the Boston Police Fatal Collision Unit continues. Police have released a surveillance photo of the car they believe was involved in the accident and ask the public to contact police at 617-343-4470 with any information. METRO

#### Robbery

### Two arrested in Brockton stickup

Police caught a pair who are believed to have robbed a man at gunpoint in Brockton over the weekend.

Saturday around 4:15 p.m., state police and Brockton police responded to the report of an armed robbery near Field Street. The victim, a man, said he had been robbed by two men.

One of the suspects was immediately arrested. The second was detained after a brief foot chase. Police did not release additional details regarding the robbery. The Brockton Enterprise identified one suspect as Keven Seme, 18, of Brockton, and the other as a 16-year-old who is not being named because he is a juvenile. Brockton police would not confirm those details Sunday afternoon.

The duo could be arraigned on armed robbery charges as soon as Monday. DANNY MCDONALD

# Not moving up. Gov. Deval Patrick says he's not eyeing 2016 presidential bid



Quoted

"The outcomes of elections depend on the candidates, not the folks on the sidelines."

Patrick

Outgoing Gov. Deval Patrick, told NBC's "Meet The Press" host Chuck Todd that he'd thought about a White House

"I've thought about it, but no, I can't get ready for 2016," the governor said Sunday.

Patrick dismissed any suggestion that Republican Charlie Baker's victory last month was a rejection of his own two terms in the Corner Office, saying Martha Coakley, the state's Democratic attorney general, was significantly outspent in the race.

"I wasn't on the ballot," he said. "I ran against the gov.elect four years ago and we had a different outcome then."

Democrats should have run on President Barack Obama's legacy, not from it, said Patrick.

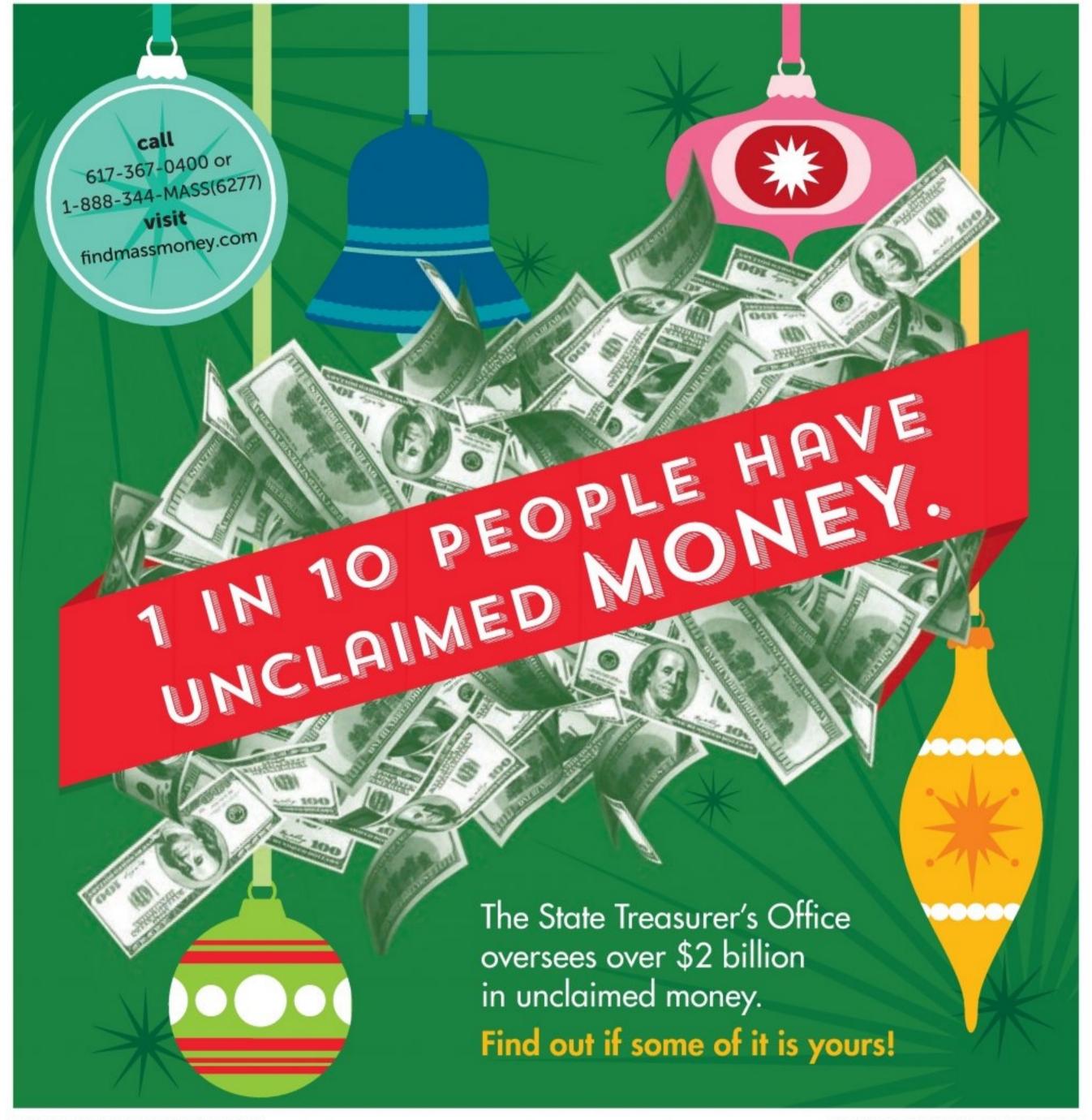
"I think it was a huge mistake," he said, citing stock market returns, improvements in the unemployment rate, the implementation of universal health care and the killing of Osama bin Laden.

Patrick said voters would find the narrative of inevitability that surrounds a potential presidential bid from Hillary Clinton off-putting. "Americans want and ought to want their candidates to sweat for the job. To actually make a case for why they're the right person at the right time."

Patrick said he would have liked to have Darren Wilson, the white policeman who shot and killed unarmed black teenager Michael Brown in Ferguson, Missouri, indicted.

"A trial and transparency of a trial would be good for the community," said Patrick, the first black governor of Massachusetts. "Especially because so many of us have the supposition that police are not going to be held accountable and not going to have to answer for the shooting of unarmed black teenagers." DANNY MCDONALD













# Advocate: HIV down in Mass., but more awareness needed

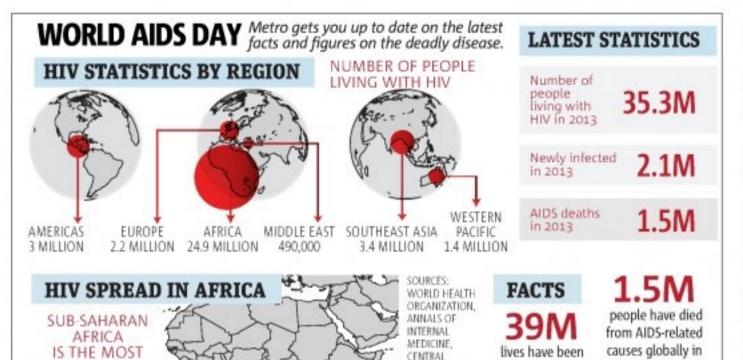
AIDS. AIDS infection rates are falling in the state, even as they rise across the U.S.

The number of people living with HIV is declining in Massachusetts, even as it climbs across the U.S.

Massachusetts has about 20,000 residents who are HIV positive, a decline of about 41 percent from 2000, says Carl Sciortino, executive director of the AIDS Action Committee of Massachusetts, a Roxbury-based nonprofit founded in 1983, and now the largest group of its kind in New England.

Sciortino, who is himself HIV positive, says the state's health and medical infrastructure has helped Massachusetts buck the national trend. It was ahead of the national curve in terms of insurance access for people living with HIV, as aggressive treatment is considered integral to preventing the spread of the disease.

And Massachusetts has run targeted programs for groups deemed to be at-risk for the disease: gay men, transgendered women, intravenous drug users.



METRO WORLD NEWS

2013

infected with HIV

globally in 2013

#### Quoted.

"It's still in our community and we still have work to do to spread information about where HIV is today, who is impacted and that we all have a stake."

AFFECTED REGION

**70%** 

of the new HIV

are detected in

sub-Saharan Africa

infections globally with HIV in 2013

in sub-Saharan

Sciortino

Still, 700 state residents are diagnosed with the disease each year.

"What's amazing is that we can get the number down to zero, how that's possible now," said Sciortino, 36, a Middlesex Democrat who resigned his office as a state legislator this past spring — a post he had held since 2005 — to lead the group.

He now says while there have been exciting developments in HIV treatment in recent years, there is always a need for more awareness. Earlier this year, federal authorities released the first comprehensive clinical guidelines for a pill — known as PrEP — that when taken consistently can reduce by up to 92 percent the risk of HIV infection in people who are at high risk.

people lived with people became newly

claimed by HIV/AIDS

HIV at the end of

2013

INTELLIGENCE

UNAIDS, UNICEF

"People don't even know it exists. It works. It is covered by insurance. We need to get the word out," he said.

Then there's "the Berlin patient," who is believed to be the only known human to be cured of HIV.

"I am hopeful for a cure. I think it's important to keep focus on that," said Sciortino. "There's one example that we can point to and say it's possible. We have to keep working until it's possible for everyone."

While social stigmas may have softened since the 1980s and understanding of how the disease is transmitted has deepened, HIV is still seen as a shameful disease, said Sciortino. Many public schools lack comprehensive sex education, meaning more work needs to be done by groups like his to reach young people at risk of getting AIDS.

"There's an assumption that you must have done something wrong," he said. "That you didn't do the 'right thing' to protect yourself. So there's a lot of judgment that goes along with getting the virus."

On Monday, the Prudential Center will be among the landmarks around the world to be lit red, in an effort to raise awareness in the region and remember those who have died from the dis-



ease. Sciortino's committee will be hosting a ceremony that is open to the public in the Pru's Belvidere Arcade at 4 p.m.

Massachusetts PROVIDED

"It's still an issue, it's still in our community and we still have work to do to spread information about where HIV is today, who is impacted and that we all have a stake," said Sciortino.



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#### Missouri. Ferguson cop who shot teen quits job

Darren Wilson, the white police officer whose shooting of an unarmed black teenager sparked racial unrest in Ferguson, Missouri, resigned from the force in response to threats, the town's mayor said today.

"We've now severed ties with Officer Darren Wilson," Knowles said.

While the city of Ferguson didn't seek Wilson's resignation, Knowles said he hoped it would help calm some of the unrest produced by nightly protests outside the police station. Knowles also said the city had created a civilian review board to evaluate police policies and step up efforts to recruit more officers from minority communities.

Wilson learned about threats to police officers "related to his continued employment" and decided it would be better to resign, his attorney, Neil Bruntrager, said in an interview today on "Fox News Sunday."

"When Darren was told that, he simply said, 'That's



#### Quoted

#### "I'm not willing to let someone else get hurt because of me."

Wilson told the St. Louis Dispatch

enough,' and it was time to resign," Bruntrager said.

Two people were arrested in Ferguson on Saturday night, following at least 16 arrests the prior evening, according to the St. Louis County Police. Demonstrators also shut down shopping malls and planned a 120-mile march to the Missouri capital to protest the killing.

# Black Friday sales drop as shoppers stay home

NRF-commissioned survey. The average shopper spent an estimated \$381 over the weekend.

The holiday shopping season got off to a slow start this weekend, with consumers cutting spending by an estimated 11 percent and fewer shoppers hitting stores than predicted.

Consumer spending fell to \$50.9 billion over the past four days, down from \$57.4 billion in 2013, the National Retail Federation said Sunday in a statement. It was the second year in a row that sales declined during the post-Thanksgiving Black Friday weekend, which had long been famous for long lines and frenzied crowds.

Consumers this year were unmoved by retailers' aggressive discounts and longer Thanksgiving hours, raising concern that the industry won't be able to pull out of a slump. The NRF had predicted a 4.1 percent sales gain for November and December — the best performance since 2011. Still, the group cast the latest numbers in a positive light, saying it showed shoppers were confident enough to skip the initial rush for discounts.

The Washington-based NRF had predicted that 140.1 million shoppers would visit retailers this weekend, a small decline from last year's 140.3 million. Instead, only 133.7 million showed up. BLOOMBERG

#### Quoted

"The holiday season and the weekend are a marathon, not a sprint." Matthew Shay, NRF CEO



Even as an improving job market and lower gas prices have sent consumer sentiment to its highest level since the recession, many Americans are keeping a lid on Christmas shopping. / GETTY IMAGES

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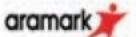
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RESUME IS ALWAYS A PLUS

# Shia LaBeouf says he was raped during his gallery stunt



Hey, remember earlier this year when Shia LaBeouf set himself up in a Los Angeles art gallery with a bag over his head to have staring contests with strangers for five days? Good times. Actually, as it turns out, it wasn't so good for LaBeouf himself.

"One woman who came with her boyfriend — who was outside the door when this happened — whipped my legs for 10 minutes and then stripped my clothing and proceeded to rape me," LaBeouf says in an email interview with Dazed and Confused magazine. "Then [she] walked out with her lipstick smudged to her awaiting boyfriend who I imagine was quite hurt by it."

To make things even more absurd, this happened when his girlfriend, Mia Goth, was coming to visit the show and he couldn't talk to her about it because, art, man. "It was Valentine's Day and I was living in the gallery, sleeping in a sleeping bag for the duration of the event," he explains. "We were separated for five days. No communication. So it really hurt her as well, as I guess the news of it traveled through the line." But you know what hurt LaBeouf even more than being sexually assaulted? All you selfish selfie takers taking advantage of him and his art, man. "Some folks would come in, take my bag off, pop off a selfie and bounce," LaBeouf explains. "That felt terrible."

ALL PHOTOS GETTY IMAGES

#### Guy from band with weird name thinks he's got a chance with Taylor Swift



Maybe you've never heard of British band The 1975, but apparently it's a thing and it has a lead singer named Matt Healy who recently met Taylor Swift. And things apparently went really well — though Healy might have just ruined the whole thing with a single radio interview. "I met Taylor Swift, that was really nice," Healy said during a recent

interview with Shazam Top 20 radio. "We exchanged numbers. Let's see what happens." I could tell you what's going to happen, Matt, but I don't want to spoil it. "I mean bloody hell, what am I going to do? Go out with Taylor Swift? She's a sensation, I wouldn't say no," Healy added. Oh Matt, buddy, I don't think that's up to you anymore.

#### Former comeback kid Rourke a 60-something boxing champ

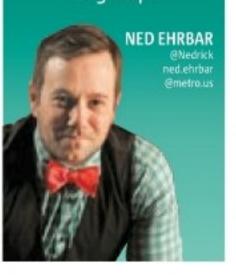


A nearly unrecognizable
Mickey Rourke took to the
ring at age 62 to defeat a
29-year-old opponent during
a boxing match in Russia
over the weekend, and if it
all sounds too good to be
true, that's because it probably is. Footage from the
bout shows Rourke leveling
former California Golden
Gloves champ Elliot Seymour
with a couple of suspiciously
weak-looking blows. Rourke

had a three-year boxing career that ended more than 20 years ago, and he says this victory is just the beginning, as he has another four fights planned. "I've got some things going on in my life, so [boxing has] sort of saved me from myself," Rourke recently told Russian television. "And for a man like me, it's better to live in fear than go on in shame." Whatever works for you, buddy.

#### THE WORD

Ned Ehrbar takes on the world of gossip.



#### James Cameron promises horrible bowel problems with new 'Avatar'

Either director James Cameron either needs to reconsider his phrasing when trying to get people hyped for the "Avatar" sequels or he has some truly terrifying plans for moviegoers. Speaking to Empire about the second, third and fourth films in the franchise he's been talking about for four years now, Cameron insists "you will s-yourself with your mouth wide open" when you finally see them. Sounds fun! He also confirmed the films will be in 48 frames per second, a gimmick Peter Jackson stopped talking about as soon as people saw the first "Hobbit."



The sequels to this movie right here will make you do unpleasant things to yourself.

#### Daily video

#### If George Lucas had made the new Star Wars trailer

Sure, we were all giddy seeing the "Star Wars: The Force Awakens" trailer over the weekend. But something was missing, and that something was the magic touch of franchise creator George Lucas, who famously can't leave well enough alone. So a fan made



YOUTUBE, TIMTIMFED

a Lucas-tinged "special edition" of the teaser, complete with extra creatures and noise CGI'd in, just like Lucas did to the original trilogy. So enjoy — and give thanks for J.J. Abrams. Hey, look! Jabba the Hutt!

#### CULTURE



#### Twitter feed

Today, Sarah Silverman is worried about her progress, Chloe Grace Moretz is a master of online etiquette, Aaron Paul is being surprisingly formal, Ricky Gervais is getting into the spirit of the season and Iggy Azalea is really, really getting into the spirit of the season.

@SarahKSilverman: I have 3 spoons. I am a full grown womar & I own 3 spoons. Shouldn't I have like 10-12 spoons?

@ChloeGMoretz: Stealing pics from people's private accounts is rude and invasive. Just don't

@aaronpaul\_8: Dear Paris,

It's really good to see you again my friend. I have missed France so much, Let's hangout for awhile.

Sincerely,

@rickygervais: Off to do a bit of Xmas shopping; the only thing apart from animal cruelty that makes me want to kill.

@IGGYAZALEA: Santa snow spray is addictive. I'm spraying my entire house. F--- it.

# Not your generic boy wonder

**Typecast.** Benedict Cumberbatch can play more than just the smartest guy in the room.

Maybe it's a product of his high-profile successes, but Benedict Cumberbatch seems to have already been pigeonholed into a certain type of role. From detective Sherlock Holmes in the BBC's "Sherlock" to World War II code breaker Alan Turing in this winter's Oscar buzz-worthy "The Imitation Game," Cumberbatch has become synonymous with flawed-but-arrogant geniuses. Maybe you even remember him playing another such brilliant-butpersecuted public figure about this time last year, as WikiLeaks founder Julian Assange in "The Fifth Estate." But if that's the only way you see Cumberbatch, then you're not getting the whole picture.





#### The faithful soldier: Christopher Tietjens, 'Parade's End'

Cumberbatch has described his character in the World War I drama as the one he's most attached to. Tietjens is a simple man who values tradition and lives life by the rules, in his duty as a soldier and as a husband to a manipulative Rebecca

Hall ("The Prestige"). It's a philosophy that makes his encounter with a suffragette and all that a new life with her would entail fraught with anticipation. This one made a fair few stiff upper lips quiver, and earned Cumberbatch an Emmy nod.

The bumbling pilot:

Captain Martin Crieff, 'Cabin Pressure'

As a young pilot with more passion than skill for flying, Cumberbatch is

the earnest straight man of the BBC radio drama "Cabin Pressure," which will arrive at the end of its alphabetical

journey with a Christmas special this

month. Cumberbatch plays the overeager, rule-happy heart of

a small private charter firm of

one jet and a supporting

cast who love him

almost as much as

they love to make

fun of him.



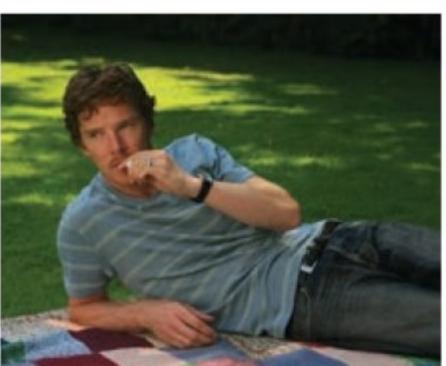
#### The semisympathetic villain: Khan, 'Star Trek Into Darkness'

Though "Star Trek Into Darkness" began as a seemingly straight-up story of a space-age terrorist out to do as much damage to Starfleet as he can, Cumberbatch's villain Khan turned out to have a much more personal agenda when it was revealed that he was merely trying to free his crew, who had been imprisoned by a Starfleet officer. Cumberbatch goes from fury to tears as Khan is revealed to have been manipulated into killing in the name of keeping the peace.



Over the course of Danny Boyle's stage adaptation of "Frankenstein," Cumberbatch's Creature struggles with being made of human parts but knowing little of what it means to be one. The Creature rejoices and struggles with in equal measure himself, the world and his creator, veering between love and fear, leading him to the most human act of all: revenge.





#### The small-town boy: David, 'Wreckers'

Trees are never the only thing that's shady in the English countryside; the those who go to the city are escaping something is alive and well in "Wreckreturn to his childhood

home to start building a life together. But as soon as they arrive, Cumberbatch becomes less devoted husband and more a product of the abuse and incest that permeate the town — and possibly his relationship with his troubled brother.



# trope was even lampooned

in "Hot Fuzz." The idea that ers," where a young couple

Nicole Aquillano

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# Eat like a Euro Recipe. Dobrovic's of Hollywood

Reality TV. Massimo Dobrovic gives us a sweet treat to enjoy for the holidays.

The stars of Bravo's latest reality series, "Euros of Hollywood," know how to create TV drama, but they have other talents. Austriaborn Fawni is a pop star and painter, Bleona Qereti is a singer and recent red carpet attention-grabber from Albania, and Denmark native Jannik Olander runs a jewelry company with a busy storefront on Melrose in LA.

But taking on a reality series, as it turns out, is a full-time job in itself. "We would film for 12 hours straight, and then I would be going to the studio to record all night," Qereti tells us of balancing filming the series

with her music career. "I wasn't sleeping much."

And some of them have multiple passions, like aspiring actor Massimo Dobrovic. In addition to being a model and choreographer, Dobrovic is also a pretty impressive chef. He even prepared a

special eightcourse dinner for us to show off his skills.





# Italian Tiramisu

#### Ingredients

- 14 oz Savojardi biscotti
- · Two 8-oz containers of mascarpone
- 1 1/3 cups of espresso
- 3/4 cup granulated sugar
- 4 eggs
- Pinch of salt
- Bitter cocoa for dusting

Beat egg yolks and sugar in a large bowl until they look pale and thick. Add the mascarpone and mix gently until very stiff.

Beat egg whites and a pinch of salt in a separate bowl until soft peaks form. Gently fold them into the mascarpone mixture.



The reality star shared his dessert recipe with us. / BRAVO

Prepare the espresso, pour it into a shallow dish and let it cool down. Dip the Savoiardi quickly into the coffee one at a time and arrange them side by side in a serving dish. Cover the biscuits with the mascarpone mixture. Use all the Savoiardi and cream to form more layers.

Top with a layer of cream mixture. Dust the top with cocoa. Refrigerate, covered, for at least four hours before serving.

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BRAVO





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# get caught

CATHARINA THUEMLING

Shopping from your office? vithout getting busted

Pretend to be busy: Use th command Windows+D (PC) or F11 (Mac) to leave shopping pages

Push the "Boss Button": With Chrome you can press allowing you to hide shopping websites.

Make a list: Prepare a list with all items you want to shop to keep the deal-hunting in the workplace to a minimum. With LogMeIn you can get access to your computer at home and continue

shopping.

#### Gadgets. 3 apps to get you through Cyber Monday

Most stores keep their Cyber Monday deals close to the chest, not revealing them until they've gotten you out of the house for the Black Friday weekend. But why not wait and do it all from your PJs on

your phone or tablet? Here are three apps that will best serve your holiday buying:



MATT PRIGGE @mattprigge matt.prlgge@metro.us



#### TGI Cyber Monday

This app has one job to do, and though it ain't pretty, it's comprehensive. You can search multiple items at the same time and save your favorites for later.

#### RetailMeNot

Bare bones, this one is all about coupons, with one of the largest collections on the Web. Also a year-round app that's perfect for CM, it's about personalizing the experience.



#### BuyVia

Not only does BuyVia know how to round up some Cyber Monday deals, but it's a year-round deal hunter, so you can let it hog space on your phone's hard drive long after the day has ended.



These sweet deals give you a good reason to smile. / THINKSTOCK

Retail. Here's how to save big on style.

Black Friday is for suckers. If you prefer to do your damage online, away from the crazies and awful lines, here are a few sites to hit up:



TINA CHADHA @TinaatMetro ina.chadha@metro.us

#### RedEnvelope

Gift destination RedEnvelope is offering over 50 percent off and free shipping on items like plush terry robes (always perfect for moms) and a sleek fivepiece cocktail set (you know, for those fab parties you're planning to throw).

#### Net-a-Porter .com

Forget Santa — be very, very bad this holiday season and snag yourself (fine, or someone you love) something fancy from Net-a-Porter .com. The luxury fashion site has marked down items up to 50 percent off, including pieces from Alexander McQueen, 3.1 Phillip Lim, Aquazzura, Burberry, DVF, Michael Kors and more.

All that sparkles

#### Because you need some bling this holiday

Melissa Joy Manning Get 25 percent off with the code MJM25.

Alexis Russell Jewelry Get a free 14K gold column ear cuff with every purchase. Enter the code EARCUFF.

Venessa Arizaga Get 50 percent off all items, excluding existing sale goods.

Miriam Haskell Get 25 percent off with the code MHMONDAY.

Gold & Gray Jewelry Get 40 percent off with the code CYBER40.

# metr#

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Hostess gifts, stocking stuffers, and DIY food gifts.

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# Prevention is the new HIV/AIDS drug

#### World AIDS Day.

There's a way for those at risk to remain uninfected.

Being far from the era when an HIV/AIDS diagnosis meant a rapid and often painful death is nothing less than great progress. But it's also made the task of wiping out the virus for good a victim of its own success, according to a doctor on the front lines of ending the epidemic.

Dr. Benjamin Young was in medical school in New York City during the mid '80s, when the AIDS crisis began, "a time of incredible suffering and death where most of the people I cared for up until 1995 died within months or years of their diagnosis," he says.

The prognosis for someone diagnosed today is a normal, full life - provided that he or she starts treatment and sticks with it. Drugs have gotten to the point that a single pill a day is enough for many to manage their viral load at undetectable levels.

"We've gone from desperation and ignorance to an era when we have all the tools



that we need to end epidemic death," Young says. "The question is whether we have the political, moral and financial will to do it."

Mathew Rodriguez, 25, the community editor at TheBody. com, an online community for those living with HIV/AIDS, says many people now consider it a "chronic manageable disease." There's also a new conversation happening about a different kind of drug, pre-exposure prophylaxis. "PrEP was approved in 2012, and it's kinda taken two years but now the conversation is really, really ramping up," he says.

PrEP is a daily pill prescribed for people who are not infected but who have an HIVpositive partner or are otherwise at high risk of contracting the virus. The pill contains two medicines that fight HIV and work by preventing a permanent infection if the person is exposed to it.

Between PrEP and current treatments, ending HIV/AIDS is within reach.

"The drugs are more tolerable than ever, there's less side effects, they are very effective," Rodriguez says.

"And now we know a lot more about the science of being undetectable and passing on the virus and how hard it is when you're in treatment," he adds.

**Documentary** 

#### Millennials at risk

Young people's lack of knowledge about HIV/AIDS has the potential to set back efforts to eradicate the disease.

According to a recent survey of American teenagers between ages 12 and 17, 1 in 3 didn't know HIV was sexually transmitted, and 99 percent don't think they are at risk of contracting the virus.

In the new documentary "It's Not Over," filmmaker Andrew Jenks follows three young people fighting very different battles with the disease: Sarang lives as an openly gay man with HIV in India, where homosexuality is outlawed; Lucky, who mentors youths in South Africa; and U.S. college student Paige, an activist who was born HIV positive.

Find out more at ItsNotOverFilm.com and watch it on Netflix.



**EVA KIS** @thisiskis

#### The bright side

#### **Furry therapists**

Here are some other ways schools incorporate therapy dogs into campus life: Harvard has a Shih Tzu named Cooper in its Library of Medicine, and New York University has had therapy dogs visit its campus to interact with law students.

Snow shoveling, babysitting, painting, vacuuming, dusting, raking...

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Boston University student work for you.

### Finals. Stress relief is only a wag of the tail away

"Doggie!" This is the reaction most people have when a dog crosses their path. For years, studies have examined how dogs help people deal with difficult topics such as illnesses and grief.

Given this, it seems only natural that college campuses across the country would

start using therapy dogs to help relieve the significant stress among students that can build up as they juggle science labs, work-study jobs and writing term papers.

Enter Jersey, an adopted Carolina blend who recently became Drexel University's first canine employee. (He even has his own official identification card.) With Jersey's hiring, Drexel has become the first university in the country to have an onsite therapy dog throughout the academic year.

Jersey can be found on the third floor of the recreation center in the office of Kathryn Formica, his owner and the coordinator of student fitness and wellness in the Drexel Recreation Center. Formica explains that she sees an average of 10 to 25 students per day, but around midterms it spiked to 30 students or more.

"I was excited that he's not in a library setting, because it gets students into our building to see the gym facilities," Formica says.



"They can see other alternative ways to relieve stress."

Dogs just make people happy, Formica notes in observing Jersey's popularity. "Jersey reminds them of home," Formica says.

"He makes them feel safe and secure; he brings instant smiles and happiness."

So students, as the dread of finals approaches, even if your college doesn't have a therapy dog, seek out your own version of one.

Here are a few suggestions:

#### Go for a stroll

Head to a local park near campus and sit yourself on a bench, Trust us, you'll see lots of dogs walking their humans.

#### Create your own private session

Find a pet store and pick an adorable dog to look at. That will get you at least 10 minutes of puppy love. MOLLY CONGDON

Boston University Student Employment Office

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# This nonprofit wants to help artists think like CEOs

Business. Creative types need to get practical sometimes.

If there's one thing that Adam Huttler — the founder and executive director of Fractured Atlas, a tech company that provides support to working artists — wants the world to know, it's this: There's no reason to glamorize the concept of a starving artist.

"There's sort of this romantic halo to the selfmarketed artist who only knows art, but it's not doing them any good and it's not doing anybody any good," says Huttler.

Micheline Heal, a dancer and choreographer living in New York, agrees. Heal says that when she first started performing professionally she hardly knew anything about the business aspects of the dance world.

"When I first started I was advised by an accountant, 
'You really need to start separating personal finance from your company financing. And oh, by the way, you can accept nonprofit donations.' And I was like, what?" says Heal, incredulously. While doing research, she discovered Fractured Atlas' online resources and says they have helped her get her career off the ground.

"I think what's really worked for me is asking a lot of 'dumb' questions and trying to get as much advice as you can on every single business aspect, because unless you have a business background, you really aren't going to know," Heal continues. Heal is now a featured artist for the organization.

We sat down with Huttler to talk about Fractured Atlas and the things that every working artist should keep in mind as they build their careers.

#### How important is it for an artist to think like an entrepreneur?

It's hugely important. Artists
— whether they like it or
not — are small businesses.
Usually they go to school
where they focus on craft,
more or less exclusively and
that's good to a point. Obviously you've got to have the
talent. But then they find
themselves out in the world
and realize, "Wow, I need to
know about fundraising, I
need to know about marketing, I need to know how to
make a budget."

#### What are some of the more common questions that younger artists have when they come to you?

It's all over the map. I think that a lot of people just don't know where to get started. They might also have some vague sense of how to get what they need. They'll come to us wanting help with a grant proposal and in the process of helping with that, there's a lot of technical assistance and coaching that happens along the way.



LAKSHMI GANDHI @LakshmiGandhi lakshmi.gandhi@metro.us

#### Think big

#### Tell us about the Arts Entrepreneurship Awards that you are currently collecting nominations for.

It's our second year doing the awards. We've always been an entrepreneurial organization ourselves; we've always been launching new initiatives. So we've been championing this, but this is the first time we've been able to plant a flag and say, "This is entrepreneurship and this is what we want to see more of in the field."



#### Organization

#### Keeping things orderly

Fractured Atlas also offers artists a free management software called "Artfully," which helps performers do everything from sell tickets to shows to managing contacts with their fans and supporters. "It's a business management application," Huttler explains.





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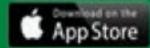


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Monday, December 1, 2014

Jobs advice

#### DAN **SCHAWBEL**

DANSCHAWBEL.COM

Dan Schawbel is a workplace expert, keynote speaker, and author of The New York Times best-selling book, "Promote Yourself: The New Rules For Career Success."





Generating wealth is something that people don't like to openly talk about - especially in the current economy. One person who hasn't had that problem is Tony Robbins, the most prominent leader in the self-help industry.

Robbins is ready to explain how he gets things done with his new book "MONEY Master the Game: 7 Simple Steps to Financial Freedom." I talked to Robbins about some of the ideas he details in the book.

#### What did you learn from Charles Schwab and Carl Icahn about creating wealth?

What I've learned that all of these people have in common is that the greatest investors in the world are obsessed with never losing. Most investors are trying to win. Their view is no matter how smart they are, they're going to be wrong and they can't afford to lose, so knowing this they have a plan.

How can a recent college graduate, with

#### student loan debt, benefit from your financial action plan?

14

**JOBS** 

The first step of course is to make sure you're paying the least amount of interest on your current debt. The second step is to start automating a pattern for growing so that you can start tapping into compounded growth and move from being a debtor to an owner of the world's greatest businesses.

#### What are your top pieces of career advice?

Everyone is different. For some people what matters most is position and prestige. For some people it's money, and for others it's fun. For some people it's free time, for some people it's the ability to express their creativity unedited.

Everyone says, "Live your passion and the money will come." This simply is not true! It's possible to live your passion and the money will come, but only if the way you live your passion adds more value to other people's lives.

#### Money matters

This is your first book in nearly two decades. Why did you decide to write a book about financial freedom now?

Well, I've spent the last 37 years of my life obsessed with helping people find answers to improve the quality of their lives - to create breakthroughs.

I help them to create change in minutes that might have taken them months or even

ONY ROBBINS

years, compressing decades into days. And when you look at it, there are only really a few areas of life that impact you most: your emotions, physical body, relationships and, of course, money.



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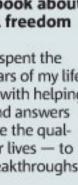
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#### Horoscope

#### Sagittarius | Nov. 22-

Dec. 21. Use your versatility and quick wit to add a little spice to your life. You will be the center of attention if you network and market your skills.

Capricorn | Dec. 22-Jan. 20.

Listen to the voice of reason and experience. You can avoid grief and aggravation by following the advice of someone who has been in your shoes. Be open to suggestions.

Aquarius | Jan. 21-Feb. 18.

Broaden your scope when considering your professional goals. You can provide a service that is in demand if you look for the right buyer, client or outlet.

Pisces | Feb. 19-March 20.

Be accepting and meet change with optimism. The best opportunities come when you least expect. Don't be too quick to judge or oppose something unfamiliar. Embrace life and live in the moment.

T Aries | March 21-April 20.

Discipline and focus will help you finish projects that need completing before the end of the year. Beginning the year with a clean slate will ease your

Taurus | April 21-May 21.

No matter what you are looking for, it's best if you are open and direct. Convey your wishes to people who have the power, knowledge to help you out.

#### II Gemini | May 22-June 20.

There may be some minor upheavals at work concerning someone else's position. The changes will work in your favor if you take on any extra responsibilities without making a fuss.

Cancer | June 21-July 22.

Don't get drawn into a squabble with a friend or relative. If you allow your temper to flare up, you will say something you'll regret. Keep the peace.

R Leo | July 23-Aug. 22.

You are feeling nostalgic for people or places from your past. Call up an old friend. You probably still have lots in common and certainly plenty of history to share. Plan a reunion.

W Virgo | Aug. 23-Sept. 22.

If you are feeling restless or bored, redo your living space for the upcoming holidays. Redecorating or refurbishing even a small area will give you a sense of accomplishment and pride.

Be neutral and respectful when dealing with people from different beliefs, cultures and traditions. You may not agree, but you mustn't judge.

M Scorpio Oct. 23-Nov. 21.

Too much work and ongoing family issues have made you forget how to have fun. Whether you prefer to gather with friends or just do a solitary activity, take time out for you. EUGENIA LAST

#### Letters

# Obama doing a good job

Job performance: President Obama has to be doing a great job. Ebola is no longer an issue, as it has disappeared. Unemployment is below 6 percent, the stock market is at it highest ever, GDP was up four out of the last five quarters and the last quarter it was a robust 3.5 percent — a clear indication that the economy is growing. He is doing his utmost to ensure those unfortunate Americans obtain health insurance and he wants to fix immigration. The GOP does not want to fix health care and immigration — it is an election tool. Americans should be thankful we are not losing 750,000 jobs a month nor are we in a ground war. Declaring war on Irag was a mistake. What a mess. DENNIS NASCIMENTO, VIA EMAIL

#### Illegal, legal immigrants not competing

I am so sick and tired of people describing whatever measures

are taken to alleviate the plight of illegal immigrants as an insult to legal immigrants, as if the two groups were somehow in competition with each other. They are not. I came to this country as a legal immigrant and I know. The legal avenue is open only to people with proven exceptional skills (e.g., in science and technology), plus a few lucky winners of the lottery, with country quotas that favor specific countries (e.g., Ireland). Illegals provide the much needed cheap labor that this country badly needs. They can be paid below the minimum wage and cannot complain if

they are mistreated. By design, the legal avenue is not available to them. You cannot prove you have exceptional skills at washing dishes, cleaning bedpans, or picking tomatoes. This is the reality. This is how our system works. Everything else is just hot air, spin, propaganda, mythology, and outright falsehoods.

PASQUALE G. TATO, VIA EMAIL

#### letters@metro.us



Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

#### Sudoku: Easy and hard

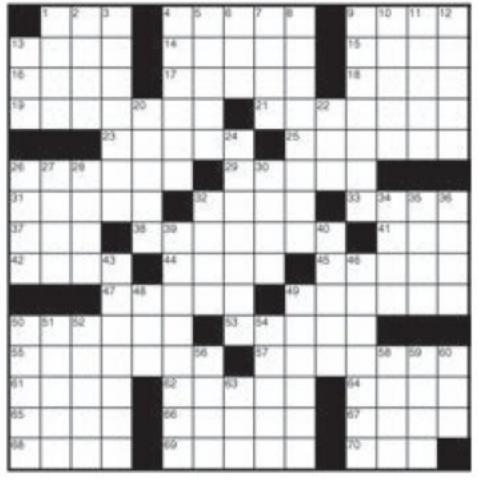
		8		7		3		6
- 88		-			10	5	1	3
3				4	1		2	8
	9		6	1				
5								4
				5	8		7	(A)
9	1		8	6				7
	2	6						
4		7		9		8		

		7	2	4		9		
6				5			7	
	8		7				3	1
							5	4
7		9				1		6
1	5							
4	7				9		1	
	6			7				9
		2		1	4	5		

#### How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

#### Crossword



#### Across

- 1 La -, Bolivia
- 4 Ramp alternative
- 13 Berlin single
- 14 Erik the Red's language
- 15 Mme. Gluck of opera
- 16 Follow the recipe
- 21 Bar sing-along 23 Historic march setting
- 25 Greeted the cat

- 32 Goods
- 33 Tot's tea party guest
- 38 Come before
- 42 Baja Ms.
- 44 Cow-headed goddess
- 45 Cheers

- 9 Of immense extent

- 17 Elite squad (hyph.)
- 18 Filly's footfall
- 19 Unit of heat
- 26 Physicians
- 29 Grove
- 31 Fridge maker

- 37 Boot-camp sentence ender
- 41 Mauna -

- 47 End-of-year temp
- 49 The competi-
- tion
- 50 Not homogeneous
- 53 Steam room
- 55 Variety of beryl
- 57 So what? (2 wds.)
- 61 Writer- Morrison
- 62 Hawkeye 64 While away
- 65 Breezed through
- 66 Rodeo gear
- 67 Pinches off
- 68 Landscaper's shrub 69 King Midas' downfall
- 70 Earth, in combos

#### Down

1 Bread for a gyro 2 Indigo plant

- 3 Focuses on (2 wds.)
- 4 Escargots 5 Aleut carving
- 6 Exist 7 Ms. Dinesen
- 8 Updated an atlas
- 9 Left
- 10 Dispense
- 11 Kind of signal
- 12 Made a video 13 PC button
- 20 Brief summary
- 22 Second notes 24 Locust trees
- 26 M, to Einstein
- 27 Bahrain VIP
- 28 Pub missile
- 30 Bauxite and cinnabar
- 32 Into the sunset 34 Clay pot
- 35 Lounge about
- 36 Edinburgh girl 39 Circus name
- 40 Ogling
- 43 On horseback
- 46 Hedging

#### Visit us online at Metro.us. Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the

# Weekend's answer

screen over the puzzle.

- 48 Battery size 49 Bankrupted
- 50 Pave over
- 51 It merged with BP
- 52 Chromosome units
- 54 Humiliate
- 56 Easy way out 58 McClurg of sitcoms
- 59 Dog-chow brand 60 Brown of renown
- 63 Misery

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# Patriots come up short

NFL. The Patriots fell behind in Green Bay 13-0 and couldn't complete a rally.

The Patriots were at their "bend-but-don't-break" best Sunday at Lambeau Field as Aaron Rodgers threw for 368 yards and the Packers rushed for 130 yards total, but highpowered Green Bay only got into the end zone twice.

Four Mason Crosby field goals, however, gave the Packers just enough points to hold off a strong effort by the visitors, as Green Bay (9-3) edged New England 26-21 in a battle of AFC and NFC frontrunners. It was the Patriots (9-3) first loss since Sept. 29 at Kansas City.

It looked as though Tom Brady and the Patriots offense were going to get the ball back with a couple of minutes to play in the fourth but, on third-and-4, Rodgers

#### What went wrong

A look at areas where the Patriots stumbled Sunday afternoon in Green Bay:

- Small lapses in the defense hurt the Patriots and Aaron Rodgers was there to take full advantage. Jordy Nelson looked as though he would become Darrelle Revis' latest victim, but on the Packers final drive of the first half he caught two passes, including a slicing 45-yard touchdown grab.
- · The much-maligned Green Bay defense came to play against the Patriots as it held the New England rushing attack to just 84 yards on 18 carries.
- Tom Brady was good, but not great as he completed 22-of-35 passes for 245 yards, two touchdowns and zero interceptions.

completed a seven-yard pass to Randall Cobb at midfield. clinching a Packers victory.

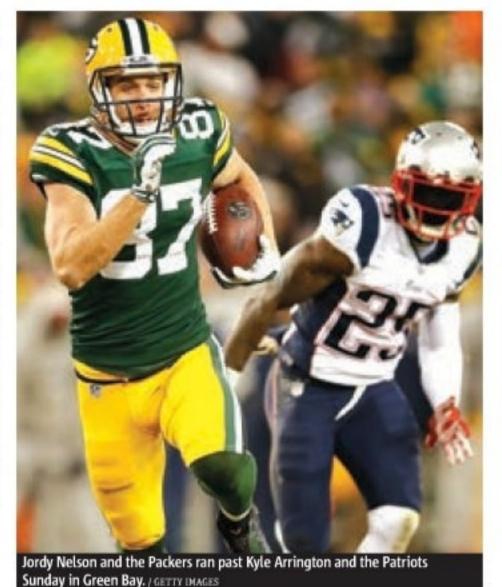
The Pats put the pressure on Green Bay in the fourth quarter as Brady found Brandon LaFell for a 15-yard touchdown to cut the Packers' lead to 23-21 with 13:55 remaining.

An 11-play, 65-yard Green Bay drive that ate up 5:10 followed and Crosby capped it with a 28-yarder.

The Patriots responded with a methodical drive of their own, highlighted by Brady and Julian Edelman connecting on a five-yard completion on a fourth-and-3 at midfield with 6:39 left. But the Patriots offense stalled at the Green Bay 29-yard line when Brady was sacked on third down with 3:25 remaining. Stephen Gostkowski didn't make things easier for New England when he missed a 47-yard field goal.



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